

Panaga Club: Pool Timetable and Schedule
Revised: September 2010

Notes: This Pool Timetable and Schedule is provided as a general guide and is updated when necessary.
 Public Holidays: There are no regular swimming lessons; some private lessons may take place.
 The pool is free during "School Swimming" times when Panaga School is on Term Break.
 StingRays swimming lessons or swim camps may run on modified schedules during Term Breaks, at which times there will always be lanes available for lap/leisure.
 Pool Hours are 07:00 to 20:00 except as follows:
 Monday: closed from 07:00 to 07:30 for grass cutting
 Other times as posted for pool cleaning, etc.

Legend:

- 1 Lane Reserved for Laps; the rest of the lanes are for leisure and private swim lessons
- Swimming Lessons/Training -- StingRays Members (visit Club Office to register)
- Sub Aqua / Kayak
- Panaga School Swimming Lessons (when school is in session)
- Pool Closed
- Dutch Committee

NOTE: Private swim lessons are also held throughout the week/weekends; there is always a lap lane available, in addition to leisure swimming lanes

		5 to 6 am	6 to 7 am	7 to 8 am	8 to 9 am	9 to 10 am	10 to 11 am	11 am to noon	noon to 1 pm	1 to 2 pm	2 to 3 pm	3 to 4 pm	4 to 5 pm	5 to 6 pm	6 to 7 pm	7 to 8 pm	8 to 9 pm	9 pm ...
Monday	Lane 1				School Swimming													
	Lane 2																	
	Lane 3																	
	Lane 4																	
	Lane 5																	
	Lane 6																	
Tuesday	Lane 1				School Swimming													
Lane 2																		
Lane 3																		
Lane 4																		
Lane 5																		
Lane 6																		
Wednesday	Lane 1				School Swimming													
Lane 2																		
Lane 3																		
Lane 4																		
Lane 5																		
Lane 6																		
Thursday	Lane 1				School Swimming													
Lane 2																		
Lane 3																		
Lane 4																		
Lane 5																		
Lane 6																		
Friday	Lane 1				School Swimming													
Lane 2																		
Lane 3																		
Lane 4																		
Lane 5																		
Lane 6																		
Saturday	Lane 1																	
Lane 2																		
Lane 3																		
Lane 4																		
Lane 5																		
Lane 6																		
Sunday	Lane 1																	
Lane 2																		
Lane 3																		
Lane 4																		
Lane 5																		
Lane 6																		

Panaga StingRays -- Swimming Lessons / Training Times

Revised: September 2010

Blue Rays	Wed	4 to 4:20 pm
Blue Rays	Wed	4:20 to 4:40 pm
Blue Rays	Wed	4:40 to 5 pm
Blue Rays	Fri	4 to 4:20 pm
Blue Rays	Fri	4:20 to 4:40 pm
Blue Rays	Fri	4:40 to 5 pm
Blue Rays	Sat	5 to 5:20 pm
Blue Rays	Sat	5:20 to 5:40 pm
Blue Rays	Sat	5:40 to 6 pm
Eagle Rays (<i>from Blues only</i>)	Mon	3:15 to 3:45 pm
Eagle Rays (<i>from Blues only</i>)	Mon	3:45 to 4:15 pm
Eagle/Tiger Rays (mixed)	Mon	5 to 5:30 pm
Eagle Rays	Sat	9:30 to 10 am
Tiger Rays	Wed	6 to 6:30 pm
Tiger Rays	Sat	8:30 to 9 am
Tiger Rays	Sat	9 to 9:30 am
Shark Rays	Wed	5 to 5:30 pm
Shark Rays	Sat	8 to 8:30 am
Shark Rays	Sat	3:45 to 4:15 pm
Manta Rays	Tue/Thu	3:45 to 4:15 pm
Manta Rays	Tue/Thu	4:15 to 5 pm
Whip Rays	Tue/Thu	5 to 5:45 pm
Whip Rays	Wed/Sat	3:15 to 3:45 pm
Comp Squad	Mon/Tue/Thu	6 to 7 pm
	Fri	5:30 to 6:30 pm
	Sat	6:45 to 8 am
Local School Children	Mon	4:30 to 5 pm
JIS/Older/Mixed Ability	Sat	6 to 6:30 pm
Masters	Tue/Thu	7 to 8 pm
	Fri	9:30 to 10:30 am
	Sat	6:45 to 8 am
Adult Learn-to-Swim/Beginner	Wed	6:30 to 7 pm

This list does not include private lesson bookings.